

Hoover First

United Methodist Church



February, 2017

VOL. #37 ISSUE #2

Pastor's Article:

Lay Leadership

One of the jokes that Pastors often hear is that they only work one day a week—Sunday. Most people make that joke because they know it is not true. However, some folks believe the opposite of this as well--the Pastor does all the work at a church.

At Hoover First, this is certainly NOT the case. Even in this small congregation, many persons are needed to accomplish the mission and ministry! Faithful folks volunteer in all kinds of ministry from making certain that there are oranges and cookies each month for the Under the Bridge Ministry to fixing the ice machine and plumbing to making certain that the finances of the church are kept in order.

I am blessed every day to see the myriad of ways in which people contribute to the life of our congregation! Elsewhere in this newsletter, you will find the list of our Lay Leadership for 2017, a list of church officers and committees. This is the official list of who is on what committee, but this is certainly not an exhaustive list of what all our volunteers do! Ushers, Lay Readers, Greeters, Children's Church Teachers, Lay Readers, Choir Members and so many more offer their time and talents!

As you look at this list, may you think about how you serve here at Hoover First. Is there some ministry to which you feel called? Some place where you are sensing God leading you to serve? When we join the church, we take vows to support it with our prayers, our presence, our gifts, our service and our witness. Please speak to me if you feel led to offer your gifts in service to God at Hoover First.

Pastor Rachel

Reaching out to all people, inviting them to experience the love of Jesus Christ.

SUNDAY SCHEDULE- February, 2017

8:45 -9:00	Open Prayer in Sanctuary
9:00-9:50	Sunday School (2 adult and children) & Coffee hour
10:00-11:00	Worship in Sanctuary
4:30-6:00	Adult Choir Practice

Ushers: John & Robbe Gay
Lay Reader: Margaret Sellers
Altar Guild: Worship Committee
Communion Servers: Eleanor Gourley & Carol Mays

Church Attendance: Jane Branch
Trustee Lock up: John Gay
Congregational Care Team: Beverly Thomas
On Call Nursery: Beverly Thomas

February Birthdays... "Happy Birthday to YOU!"

<i>Ann King</i>	<i>February 1</i>	<i>Carol Collier</i>	<i>February 3</i>
<i>Stella McKay</i>	<i>February 3</i>	<i>Jerry Freeman</i>	<i>February 6</i>
<i>Joyce Randall</i>	<i>February 10</i>	<i>Bob Wright</i>	<i>February 14</i>
<i>Sarah Raykes</i>	<i>February 17</i>	<i>Margaret Murphy</i>	<i>February 20</i>
<i>Ben Padgett</i>	<i>February 21</i>	<i>Greig Tooley</i>	<i>February 23</i>
<i>Becky Nesmith</i>	<i>February 26</i>		

The Staff Who Serve Hoover First

Rev. Rachel Radeline Gonia, Pastor

You can contact pastor at:

Church- 822-8099 **Home/Cell (voice/text)-** 910-5660

E-mail - pastor@hooverfirstumc.org or rgonia@umcna.org

Margaret Lotz-Business Manager finance@hooverfirstumc.org

Susan Worthington-Director of Hoover First Day School, 979-3543

Tim Beenken - Music Director, musicdir@hooverfirstumc.org

Connie Logan-Organist **Joyce Godwin** - Harpist **Tammi Powell**, - Pianist/Flautist

Judy Fenley-Nursery Attendant

e-mail: office@hooverfirstumc.org

web site: www.hooverfirstumc.org

Hoover First Methodist Youth

The youth of the church would like to say a huge THANK YOU to everyone for all the support given to them in 2016.

Because of all of the generosity through the fund raisers the youth were able to send 5 children to camp on a partial scholarship last summer. They also had a great time at Laser Tag and then a pizza party at the end of the year Christmas party due to your gifts.



Lenten Study

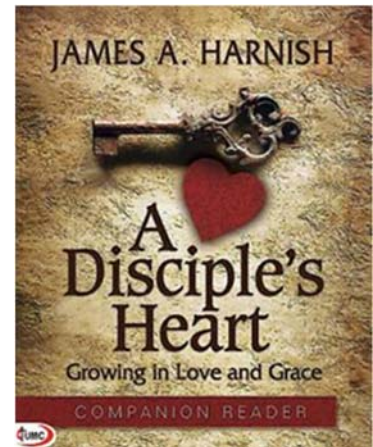
A Disciple's Heart: Growing in Love and Grace

Starting Feb. 27 and 28th

Mondays at 7 p.m

Tuesdays at 1 p.m

We hear a lot about “spiritual journey” these days. But it’s more than just trendy wording. Although he didn’t use the phrase, that’s what John Wesley was really all about—taking steps and continually walking a path that transforms the heart and helps us grow into the likeness of Christ. In this study participants learn how to develop a pattern of daily Scripture reading, prayer, and personal reflection and guided questions help define spiritual life goals and create strong church community bonds. Watch the bulletin for more details about participating.



Thank you to Karon Bailey for all of the many volunteer hours she put in working in the front office.

Seniors

The Seniors had a fun trip to Bud's Best Cookies in January!

Come on out and join the fun for February, we will be meeting on February 15th. We will have pizza and play bingo.

Contact Barbara Marston to make reservations.

Health Bodies/Healthy Souls Health Tip

Water is essential to good health, yet needs vary by individual. These guidelines can help ensure you drink enough fluids. [By Mayo Clinic Staff](#)

How much water should you drink each day? It's a simple question with no easy answers. [Functions of water in the body](#)

Water is your body's principal chemical component and makes up about 60 percent of your body weight. Every system in your body depends on water.

How much water do you need?

So how much fluid does the average, healthy adult living in a temperate climate need? The Institute of Medicine determined that an adequate intake (AI) for men is roughly about 13 cups (3 liters) of total beverages a day. The AI for women is about 9 cups (2.2 liters) of total beverages a day.

As always, check with your doctor to see if this plan is right for you.

Online Giving

You can now donate through a link at our website! From the homepage of the website, click on the link to the "donations" page. On that page, click on the word "vanco" and you will be taken to the donation page. This is an easy process and you will be prompted to enter information as you go. This is an easy way for you to keep your financial commitment to the church! Please speak with Margaret Lotz, our financial secretary if you have questions about how to give online.

Sunday Schedule

<i>9:00 am</i>	<i>Sunday School and Coffee Hour</i>
<i>10:00 am</i>	<i>Worship</i>
<i>4:00 pm</i>	<i>Kids Choir</i>
<i>4:30-5:30 pm</i>	<i>Adult Choir</i>
<i>4:30-5:30pm</i>	<i>Children's Fellowship</i>

Shut Ins

There are a few shut-ins in our congregation who would like to attend church but are no longer able to drive. If you would be willing to help

Blood Pressure Sundays

Mark you calendars to come to early on the following Sundays to have you blood pressure checked

February 22	March 26
April 23	May 21
June 11	July 16
August 13	September 17
October 22	November 12
December 10	

Save the Date:

March 1 – Ash Wednesday Services at noon and 6:30 p.m.



Sundays in February

Sermon Series Continued: Sermon on the Mount: Jan 29 through Feb. 19

February 5
How Salty Are You?

Fifth Sunday after Epiphany/Communion
Matthew 5:13-20

February 12
Loving our Brothers and Sisters

Sixth Sunday after Epiphany
Matthew 5:21-37

February 19
Loving the World and our Enemies

Seventh Sunday after Epiphany
Matthew 5:38-48

February 26
What's in a Vision?

Transfiguration Sunday
Matthew 17: 1-9



February 2017



Sun

Mon

Tue

Wed

Thu

Fri

Sat

			<i>1</i> <i>Outreach</i> <i>5:30 pm</i>	<i>2</i> <i>Worship</i> <i>Team</i> <i>10:30 am</i>	<i>3</i>	<i>4</i>
<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i> <i>Spiritual</i> <i>Gifts 6 pm</i>	<i>9</i> <i>Worship</i> <i>Team</i> <i>10:30 am</i>	<i>10</i>	<i>11</i> <i>Men's</i> <i>Group</i> <i>8 am</i>
<i>12</i> <i>Church</i> <i>Council</i> <i>3:00 pm</i>	<i>13</i>	<i>14</i> <i>Under the</i> <i>Bridge</i> <i>6:00pm</i>	<i>15</i> <i>Seniors</i> <i>11am</i> <i>Spiritual</i> <i>Gifts 6 pm</i>	<i>16</i> <i>Worship</i> <i>Team</i> <i>10:30 am</i>	<i>17</i>	<i>18</i>
<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i> <i>Spiritual</i> <i>Gifts 6 pm</i>	<i>23</i> <i>Worship</i> <i>Team</i> <i>10:30 am</i>	<i>24</i>	<i>25</i>
<i>26</i> <i>BP</i> <i>Sunday</i>	<i>27</i>	<i>28</i> <i>Lenten</i> <i>Study</i> <i>2:00pm</i>	<i>March 1</i> <i>Ash</i> <i>Wednesday</i>			